

# Convenience Care Clinics

*Helping you and your doctor better manage your health*

When you need treatment for common ailments and injuries, you have more choices. You have already come to trust the health care services offered through our broad provider networks. Now you can get high-quality, affordable services for a wide variety of routine medical conditions through Convenience Care Clinics located throughout the country.

Because we believe that your doctor has primary responsibility for your care and treatment, the results of your diagnosis and treatment are sent to your doctor with your permission. If you have a more severe condition, or require treatment in a different setting, the Convenience Care clinician will refer you to your doctor or an Emergency Room.

The Convenience Care Clinics available include:

Cigna Medical Group CareToday

MinuteClinic

RediClinic

Sutter Express Care

Take Care Health

The Little Clinic

Refer to the provider directory for a complete list of clinics in the CIGNA network.



The medical care delivered by the health teams at the Convenience Care Clinics is covered by CIGNA HealthCare just like any other service you receive from a health care professional. Imagine:

- > Not waiting for an appointment – when you need care, you walk right in, wait times average 15 minutes or less.
- > Finding a Convenience Care Clinic in or near your favorite retail store, with hours that fit into your busy schedule.
- > Receiving high-quality medical care in a facility overseen by doctors and staffed by certified nurse practitioners and physician assistants.
- > Getting all this – and more – and the cost for these services are handled the same as primary care physician office visits.

## Consider Convenience Care for help with the following conditions:\*

Allergies	Influenza	Poison ivy
Athlete's foot	Impetigo	Pregnancy testing
Bladder infections	Laryngitis	Ringworm
Bronchitis	Minor burns, rashes or skin infections	Sinus infections
Chlamydia	Minor sunburn	Strep throat
Cold sores	Mononucleosis	Swimmer's ear
Deer tick bites	Pink eye and styes	Swimmer's itch
Ear infections		Wart removal

## We also provide vaccinations\* for:

DTaP (Diphtheria, Tetanus, Pertussis)  
Influenza  
Hepatitis A & B  
Polio  
Meningitis  
MMR (Measles, Mumps, Rubella)  
Pneumonia  
Td (Tetanus, Diphtheria)

\*Call the clinic near you to learn which treatments are available.



As part of the Cigna Medical Group in Arizona, CareToday clinics can currently be found in the following Phoenix-area cities:

- > Avondale
- > Gilbert
- > Glendale

Look for MinuteClinic health care centers in retail outlets like CVS/pharmacy®, Cub Foods®, and QFC in the following states:



- > Arizona
- > California
- > Connecticut
- > Florida
- > Georgia
- > Illinois
- > Indiana
- > Kansas
- > Maryland
- > Massachusetts
- > Michigan
- > Minnesota
- > Missouri
- > Nevada
- > New Jersey
- > New York
- > North Carolina
- > Ohio
- > Oklahoma
- > Pennsylvania
- > South Carolina
- > Tennessee
- > Texas
- > Virginia



RediClinics can be found in select H-E-B® stores within the following state:

- > Texas



Clinics are located within Rite Aid Pharmacies in the following Greater Sacramento communities:

- > Roseville
- > Sacramento/South



Take Care Health Systems provides walk-in health care services in the Health Corner Clinic in select Walgreens® drugstores and Eckerd pharmacies in the following states:

- > Arizona
- > Colorado
- > Florida
- > Georgia
- > Illinois
- > Indiana
- > Kansas
- > Kentucky
- > Louisiana
- > Mississippi
- > Missouri
- > Nevada
- > Ohio
- > New Jersey
- > Pennsylvania
- > Tennessee
- > Texas
- > Wisconsin



The Little Clinics are conveniently housed in select Kroger and Publix stores in the following states:

- > Arizona
- > Colorado
- > Florida
- > Georgia
- > Indiana
- > Michigan
- > Ohio
- > Tennessee

#### To locate a Convenience Care Clinic near you:

- > Access the Provider Directory on myCIGNA.com or CIGNA.com, and select "Facility/Ancillary." After entering your geographic information, refine your search by selecting "Convenience Care Clinics."
- > Call the toll-free number on your CIGNA HealthCare ID card.

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